**The Southern Interior**

**Geography**

- from eastern Coast Mtns. to the Rocky Mtns.

- contains Okanagan, West Kootenay, and East Kootenay regions

- two major rivers - Fraser and Columbia

- tributaries - Thompson and Kootenay

- dry climate with wide range seasonal temperatures

- hottest and driest region of B.C.

- pine and some deciduous forests and dry grasslands

- some areas classified as desert

**Resources**

- relied on plants for food, more than other regions

- camas bulbs, bitter-root, tree lichen, mushrooms, bark, nuts

**- important** **trade items:**

- bitter-root, camas bulbs, Indian hemp fibre, dried berries, and tobacco

- salmon and deer major animal resources

- also - elk and moose

**People**

- most speak Interior Salish languages

- four nations: Nlaka'pamux (Ing-khla-kap-muh),

St'at'imc (Stat-liem),

Secwepemc (She-whep-m),

Stuwix (Nicola people)

- Ktunaxa (Tun-ah-hah) who live in southeast corner speak language unrelated to any other language in the world

- had well-defined seasonal rounds for resource gathering

- summer lodges built with framework of poles and covered with **tule mats**

<http://maps.fphlcc.ca/fphlccmap/?zoom=7&lat=51.7600000&lon=-119.9600000&highlight_lang=secwepemctsin>

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